

## EDUCATIONAL TALENT SEARCH

**TRIO**  
TALENT SEARCH



Division of Undergraduate Academic Affairs

**ACADEMIC OPPORTUNITY PROGRAMS**



**Katrina Concholar,**  
Director



**James Glover,**  
Student Advisor



**Kimberly Buckley,**  
Student Advisor

### Our Team!

## A Note From the Director

### Oh Happy Summer!

Isn't it great to be finished with academics for the 2019-2020 school year? Congratulations to our graduating 12th Grade participants! We are all probably thrilled to be on summer break. Many of us might be wondering about the upcoming 2020-2021 school year, thinking "what will school be like when we return to academics in September?" – Let's not worry about that during July and relax, enjoy the weather and connect with friends and family while utilizing social distancing protocols. Be safe and kind by doing the right things.

Kind regards,  
Ms. Katrina Concholar

**Educational Talent Search Program**  
1000 Hilltop Circle Math/Psychology Building Rm 010A  
Baltimore MD, 21250

### Please Be Aware:

Over the summer months and into the fall, the ETS Program will be working remotely. You need to know the following:

- ETS needs to communicate with students and parents/guardians
- The ETS program's newest member is **Kimberly Buckley**, who will be the primary person to connect with students and parents/guardians
- The ETS Team will be offering electronic workshops and documents
- New ETS Phone Number: **443-580-9992**
- The ETS Team utilizes many avenues of communication, which include: emails, text messages, regular mail, and phone calls – **PLEASE respond when we connect with you so that we may continue this wonderful program!**

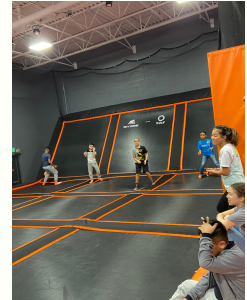
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# What has ETS been up to?

ETS had a busy Spring Semester! In January and February, 7th-8th grade students went on a scavenger hunt at the **National Cryptologic Museum** to investigate the US history of code breaking.



In February, students at non-target schools and 6th graders went to **SkyZone** to bounce on trampolines while DHS Seniors traveled to Oz on Broadway to hear Elphaba's side of the story in **Wicked**.



In March, high school students attended a **college fair** at UMBC. They participated in workshops and explored college options. Unfortunately, Covid-19 led to the cancellation of all trips for the year.

In April, May, and June, ETS advisors called to check in with seniors about their college plans. ETS conducted workshops, sent surveys, and contacted all students via text, email, or phone.



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# How can I get through so much uncertainty?

The most important part of getting through quarantine is doing your best to take care of yourself. This means something different for everyone. Maybe you need to make a schedule, take naps, get physically active, play video games or find other ways to have fun. Some people may be comforted by acknowledging that they are feeling sad or anxious. You might find it helpful to talk more with friends or family.

No matter what you do- just remember that quarantine will not last forever. Do your best and find your own way through this. If you find yourself having a hard time or struggling-- you are not alone. This is difficult for everyone. If you have questions or find yourself needing to talk to someone, ETS can support you in finding the right place or person to talk to. We're here to help you through this.

## TIPS FOR STAYING POSITIVE

- Be Thankful- take a minute to think about all of the things in your life that you are grateful for.
- Find a way to laugh. (TikTok!)
- Create a routine and try doing something active that you love.
- Take a break! Look up a funny video, sit outside, play some games, or just do nothing for a bit.
- Think about your goals for the future.
- Volunteer and help out other people.
- Do fun things with friends or family.

# An Article by James Glover

We are dealing with challenging times right now. We are being asked to wear a mask, practice distancing from others, wash our hands frequently, and to stay home. This last one especially is a tall order for me because ever since I was a little kid I have loved being outdoors and amongst people. I was never one to stay in the house and currently I feel trapped there. I feel anxious because I don't have the freedom to roam; bored because the activities I'm normally used to are limited; and frustrated because I can't visit my family and friends. So, how can one cope with this state of affairs?

Well, now that I sound so doom and gloom, let me share another perspective: As of June 12th, 2020, there have been 2.14 million reported cases of COVID-19 and over 117 thousand deaths. These numbers are startling to say the least. Without a doubt it's clear that COVID-19 should be taken seriously. This virus is highly contagious and more importantly it kills. As much as I do not prefer to be quarantined, I do not want to put my life or the lives of others at risk. So, as difficult as it can be, it appears to be a no-brainer to follow the advice of the scientific and medical community.

I recommend following the Stay-at-Home Policy and standards implemented by the government and healthcare officials. Even though the government is gradually opening up the economy, I believe we must still practice social distancing, limit our interaction with others, wash our hands frequently, disinfect hot spots around our homes, and wear a mask should we have to go outdoors. Remember, COVID-19 is still thriving, with no vaccine in sight; it is projected that a vaccine will not be available until the beginning of 2021. We all are responsible to keep ourselves and others safe.

The following are the things I do on a regular basis to stay sane, safe, and sensitive to others while being quarantined:

1. Watching TV – I like to turn on the news (NBC & ABC) to listen to current events. Of course, before the day winds down, I like to catch up on my favorite TV shows and pick up new ones.
2. Walking/Exercising – We must exercise for good health. I walk throughout my community five days a week using Nike Run Club(NRC). It's a free app that tracks my progress and I challenge everyone to participate. At home I ride a stationary bike and do pushups and sit-ups three times a week.
3. Working from Home – UMBC is requiring its staff and faculty to work from home to keep us safe.
4. Cooking – Cooking has been a great past-time. My skills have improved and my seasoning effort has enhanced the quality of the meals I prepare. Practice makes perfect so I'm told.
5. Grocery Shopping – We have to eat so every trip to the grocery store is an outing. I wear a mask at all times and practice social distancing, but I still feel anxious whenever I'm in a store.
6. Organizing and Donating – For months and years I have accumulate large amounts of paper and other things that need to be discarded. Now is a perfect time to address this issue.
7. Researching – What is the best TV or internet service? Is Apple's iPhone better than Samsung's Galaxy? These are some of the topics I have been able to explore.

It isn't so bad to be at home. I do hope that things get back to normal sooner than later. Before that can happen, a vaccine needs to be developed. The government needs to continue to evaluate and analyze COVID-19 data in order to make decisions regarding safety and the economy. Finally, based on what the data tells us, we need to safely re-open our schools, because ETS's work depends on interacting with students. I only hope that we get back to this stage soon. In the meantime, I'm playing it safe.



## Bored? Stuck at Home?

We're all a little bored. Here are some fun activities for when that boredom gets overwhelming.

1. Go outside! Grab a mask and remember to social distance as you go for a walk, play a game, or just sit outside.
2. Have a dance party! No one is watching- Play some of your favorite music and dance like no one is watching.
3. Get Creative! Make some art, do a new TikTok dance, discover a new hobby, or channel your inner scientist and do experiments at home.
4. Read! The local library has free apps for books and magazines as long as you have a library card. If you're not a fan of books try graphic novels or online content.
5. Have fun! Watch a funny movie, call a friend, do something silly like that kid who makes themed dinners for their family each evening.
6. Learn something! Google something that interests you and watch videos or read articles.
7. Get a hobby! Kimberly at ETS been googling all the aquariums that have Sea Otter live feeds.

## How Do I Open a Bank Account?

### If you're under 18:

1. Talk to your parents/guardian- Most banks offer savings accounts for youth under 16 and checking accounts for those over 16, but only with a parent or guardian.
2. Start saving now- When you open a bank account you will need to add money that day.

### If you're over 18:

1. Research banks and credit unions- Often credit unions have fewer fees, but it can be harder to find an ATM to take out money. Compare different options and pick the best one for you.
2. Gather all of the documentation necessary to open the account- You'll probably need a picture ID, proof of address, and money to deposit. Call and check before you go.
3. Take a parent/guardian- If you don't have the your ID or a piece of mail financial institutions will sometimes take your parents info instead.



*"We must accept finite disappointment, but never lose infinite hope."*- **Martin Luther King Jr.**

## "I wish I knew..."

ETS asked college students what they wish they knew before college. Here's what they said:

"High school is hard. Start studying NOW."

"Never give up. It's never too late to start over."

"Do you work and work harder. It's really going to pay off and it shows if you don't put in the effort."

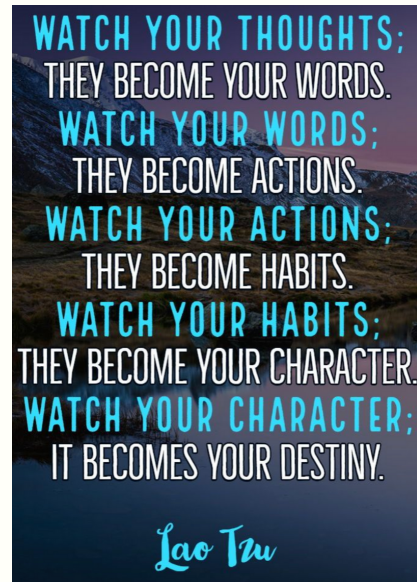
"Just because you're smart doesn't make you a good student. It takes both intelligence and hard work to be successful."

"Grades aren't everything. If your grades are lacking, make up for them with extracurriculars and volunteering."

"It's never too early to start working toward your future."

"Ask for help even if it's scary."

"Decide that you're going to college and work harder in high school. I only did what I needed to get by and I regret it."



## Online Class Study Tips

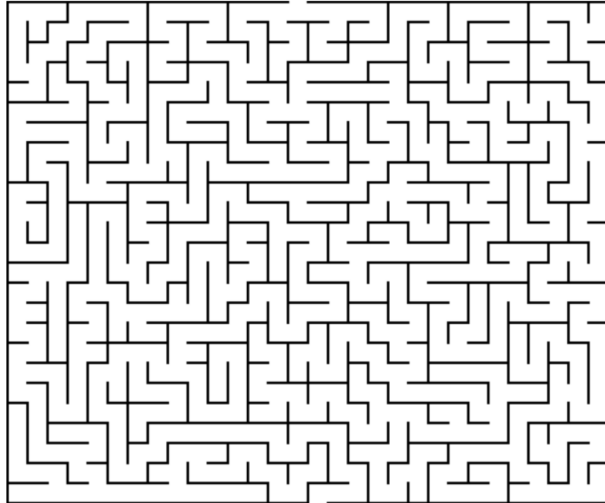
- **Create a study space.** Make sure you keep your school work and your free space separate.
- **Make a schedule.** Study during times when you plan to study and stop studying when you're scheduled to do something else
- **Ask Questions.** Email your teacher, Zoom/Text/Call/ DM your friends.
- **Take Breaks.** Take as many breaks as you need throughout your school work time.
- **Use Online Resources.** Create flashcards with Quizlet, look up topics on Khan Academy, or google things you might need.
- **Take Care of Yourself.** Nap during the day, sleep at night, remember to eat, get outside, have fun, and take breaks.
- **Talk to Friends.** Ask them questions, study, finish assignments, brainstorm, or have fun.
- **Eliminate Distractions.** Silence your devices and put them out of sight; turn off video games and TVs.
- **Set a Goal.** Strive to reach your goals and when you do—reward yourself!

### Guess What it Says?

1 another one thing	2 <b>heart</b>	3 thought <i>But</i> thought
4 <b>LEAST</b>	5 MILLION	6 FOOD!
7 historyhistoryhistory	8 musically	9 ↓ <b>end</b>
10 B R I N B A N	11 ↑ FILE	12 <b>ecapace</b>
13 <b>ECNALG</b>	14 LOVE HATE	15 ALL THINGS all things



# HAVE AN A-MAZE-ING SUMMER!



*"We may encounter many defeats, but we must not be defeated."- Maya Angelou*

## Have a Question?



We have answers! We answer questions about school, workshops, testing, college, and almost anything else you can think of to ask. If we can't answer your question, then we find someone who can, by offering referrals to other programs, school-based staff, online resources, or anything else you might need.

We're here to support you, so feel free to send us an email, text, or call.

**talentsearch@umbc.edu--(443) 580-9992**

## We're Recruiting!

Do you have a friend or a sibling not in the ETS program? If they're interested in joining, have them go to our website and fill out our application or send an email to an advisor at [talentsearch@umbc.edu](mailto:talentsearch@umbc.edu). We're currently accepting applications for Fall 2020.

## "Why does ETS visit us at school?"

It's a question we get asked a lot, so here's our answer:

At ETS, our goal is to help you get to college. In order to reach that goal, we need to check in with you, get to know you better, see how things are going, and make sure you're on track for the year. When we come to school, we ask you to fill out an Assessment Form, which is our way of seeing what you're up to and what you'd like to see ETS doing. Right now, we're working on adding more workshops and activities, so any input we get from you goes directly into our planning. The Assessment Form is also a requirement to show our funders that students are participating and progressing toward college.

## Tutoring Information

- 1) Khan Academy is an excellent free resource for quick and easy tutoring—on demand and on the go.
- 2) Tutoring.com is a subscription-based service that ETS pays for and offers to students who need the extra support.

For questions and/or assistance with either of these programs, email [talentsearch@umbc.edu](mailto:talentsearch@umbc.edu).



# Success: It's all in how you look at it.

## The Iceberg Illusion



Success looks easy; probably because success receives recognition while failures are often completely unnoticed. Beneath each and every success is a complex rollercoaster of things that lead to that success. In order to be successful a person must persist and sacrifice even in the face of failure and disappointment. They must use discipline and dedication along with hard work. Successful people are the people who fail, quit, and fall apart, then they get back up and try again.

# Graduating Seniors

A big CONGRATULATIONS to all of our graduating seniors! We've heard from a few of you that you either haven't signed up for classes yet or haven't applied to community college. Good news—there's still time and ETS is here to support you! Check out some FAQs below.

**Q:** I missed the FAFSA deadline—what do I do?

**A:** Apply as soon as possible. Depending on which deadline was missed there's still a chance that some grants or loans are available.

**Q:** I didn't apply to any colleges, but I want to go—what now?

**A:** Most community colleges (like CCBC) have rolling admissions. For CCBC, either check out their AA degrees and apply for the program you want or apply to take credit courses that transfer somewhere else. Apply online here: <https://www.ccbcmd.edu/get-started/applying-to-ccbc>. For four year colleges or those without rolling admissions it might be too late for this semester. Check their website to see if they take spring semester freshman or apply for next fall and take a few classes at CCBC in the meantime.

**Q:** Some colleges are waiving SAT/ACT scores—how do I know if a school waived the test?

**A:** For the most up to date information check their website or email the admissions office.

### SAT ADMINISTRATION DATES AND DEADLINES

**DUE TO COVID-19 SAT DATES AND DEADLINES KEEP CHANGING. FOR UP TO DATE INFORMATION VISIT:**

**[HTTPS://COLLEGEREADINESS.COLLEGEBOARD.ORG/SAT/REGISTER/DATES-DEADLINES](https://collegereadiness.collegeboard.org/sat/register/dates-deadlines)**

### ACT ADMINISTRATION DATES AND DEADLINES

**DUE TO COVID-19 ACT DATES AND DEADLINES KEEP CHANGING. FOR UP TO DATE INFORMATION VISIT:**

**[HTTP://WWW.ACT.ORG/CONTENT/ACT/EN/PRODUCTS-AND-SERVICES/THE-ACT/REGISTRATION.HTML](http://www.act.org/content/act/en/products-and-services/the-act/registration.html)**



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# Spotlight on TRIO Alumni

## ANGELA BASSETT



Angela Bassett is an actress, director, producer and activist. She was born in New York City, then moved to Florida with her mom. During high school Bassett was a cheerleader and member of Upward Bound. She was the first African American person in her school admitted to The National Honor Society. After high school, she graduated with a Bachelors and Masters of Arts from Yale University. Bassett then moved to Los Angeles to act. Through her career she has starred in many movies including recent hit Black Panther.

## TROY POLAMALU



Troy Polamalu is a former football strong safety who played for the Pittsburgh Steelers. Polamalu was born in California, but moved to Oregon where he played high school football and participated in Upward Bound. He received an athletic scholarship and attended the University of Southern California until 2003 when he was drafted to the NFL. Polamalu joined the Steelers and played for the same team his entire career. Recently, he returned to the University of Southern California to complete his undergraduate degree.

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